



HEAVY METAL DETOXIFICATION PROTOCOL (with Cilantro, Chlorella and Wild Bear Garlic)

Cilantro, Chlorella and Wild Bear Garlic, when used in combination, constitute one of the most effective methods of heavy metal detoxification.

Phase I: Bond with and accelerate drainage of heavy metals.

- **Ursinum** indicated for binding heavy metals using sulphur compounds to then eliminate via the kidneys.
Dosage: Begin with 1 capsule two times daily. In Phase II take URSINUM 15 minutes after CILANTREX.
- **Biorella** indicated for binding heavy metals and extracting from tissues to be eliminated via the intestines.
Dosage: Begin with 4 tablets three to four times a day 30 minutes before meals and before bedtime.

Phase II: Increase mobilization and binding of heavy metals (begin 1 month after starting Phase I)

- **Cilantrex** indicated for mobilizing heavy metals so they can be eliminated from the body.
 - **Dosage:** Begin with 1 tablet two times daily and increase to 2 tablets three times daily. During the initial period of detoxification with CILANTREX, it should be taken one week on and one week off, then one week on and two weeks odd...
- Continue **URSINUM** and **BIORELLA**. During the active phase (Phase II) of heavy metal detox,
 - increase **dosage** of **BIORELLA** to 12 tablets 3 to 4 times a day and
 - increase **dosage** of **URSINUM** to 1 capsule 3 times daily.

Duration: A Heavy Metal Detoxification Program for adults can take from 6 to 24 months.

- **Special Note on Amalgam Fillings:** The removal of amalgam fillings to eliminate the effects of mercury still requires detoxification to mitigate the residual effects of this heavy metal. On the day the amalgam is removed take **BIORELLA** - 20 tablets immediately before procedure. Following the procedure sprinkle 2 to 4 crushed **BIORELLA** tablets on the teeth and hold in the mouth for approximately ten minutes. Rinse mouth with water. Patient should repeat again at bedtime. **CILANTREX** should not be taken during the time amalgams are removed, as the increased mobilization of heavy metals from elsewhere in the body is unwarranted at this time.



CILANTREX™ contains *Coriandrum sativum* (Cilantro) which mobilizes heavy metals from tissue so that they can be excreted from the body. Studies have shown that cilantro facilitates rapid removal of aluminum and lead from the brain and skeleton better than any other known detox agent.

URSINUM™ an extract of *Allium ursinum* (wild bear garlic), with its high natural sulphur content, binds heavy metals that have been mobilized to form solid compounds. This prevents their uptake by other body tissues; thereby avoiding the mere delocation of heavy metal from one area of the body to another. The stability of URSINUM's complex binding characteristics results in heavy metals no longer being submitted to the enterohepatic circulation, thereby increasing the total quantity of bound heavy metal that is excreted.

BIORELLA™, containing 100% *Chlorella pyrenoidosa* (Chlorella), has been proven to be effective in mercury detoxification. It is toxin binding and helps to repair and activate the body's detoxification functions while restoring bowel flora. When used in conjunction with CILANTREX and URSINUM, BIORELLA facilitates drainage of heavy metals via the intestine. The Heavy Metal Detoxification Protocol, presented in this brochure, outlines how to use these remedies to achieve optimal results.

OVERCOMING HEAVY METAL TOXIFICATION

Sources of Heavy Metal

Food Fish	Exhaust fumes
All heavy metals	Cars Lead
Metal	Smoking Cigarettes
Jewelry	Cadmium
Bracelet Copper, Nickel	Medication
Amalgam Fillings Mercury	Vaccines
Drilling of Amalgam fillings	Mercury,
Dental rehabilitation	Aluminium
Mercury	

Symptoms of Mercury Poisoning

- Chronic problems in the joints
- Pains in the muscles, trembling
- Insomnia, easily irritable
- Lack of concentration, exhaustion, tiredness, weakness
- Constipation, intestinal mycosis
- Psychic changes (over aggressiveness, excessive shyness)
- In Children: impairment of the learning faculty, stuttering, autism and problems in the eyes or ears.



Primary Illnesses Caused by Mercury Toxicity

Neurologic illnesses:

Depression
Migraine
multiple sclerosis
Alzheimer's disease
amyotrophic lateral
sclerosis
Parkinson's disease

Organic illnesses:

Fibromyalgia
allergies
neurodermatitis
asthma
tumors
illnesses of the kidneys
thyroid
spinal marrow

Auto-immune Diseases:

lupus
sclerodermia
arthritis
ulcerative colitis
Crohn's disease